

Period _____ Name _____

Crash Course #36

What is the main way to measure whether therapy works?

- ___ Blood test
- ___ Ask the client
- ___ MRI
- ___ Projective test

What were the types of medical therapies mentioned?



List the three methods psychologist use to assess how effective treatment is are:

The therapeutic relationship lends itself to what kind of bias _____

_____ = A systematic way for measuring which therapies work best.

What is the gold standard of measuring clinical research? _____

_____ Measures results across multiple trials?

Contrast

Effectiveness

Efficacy

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What kind of therapy works best for phobias? _____

The videos says Cognitive, Behavioral, and psychodynamic interventions work best for

What is a big factor in all therapies?

Instilling hope

Teaching the right way to act

Teaching the right way to think

Teaching the right way to feel

What are the five factors that all good therapies provide?



_____ aim to physiological change the brain's electro-chemical state

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Which one is the most widely used of the biological therapies

Pharmacological

Electro-based

Magnetic based

Circulatory based

What is used to treat schizophrenia_____

Which one helps with anxiety? (You might have to go come back and click another one)

Antipsychotics

Anxiolytics

Antidepressants

Mood stabilizers

What is a problem with anti-anxiety meds?_____

Bernice probably would have benefited from **BOTH**
psychotherapy and medication ____ True ____ False

What abbreviation is used for selective
serotonin reuptake inhibitors ____ _

Mood stabilizers are best for

Depression

Schizophrenia

BiPolar Disorders

Anxiety Disorders

What salt is common used to treat mood disorders?_____

Shock therapy is now abbreviated into what three letters? ____ _

Period_____ Name_____

Shock therapy is best for:

Depression

Schizophrenia

BiPolar Disorders

Anxiety Disorders

Which is thought of as a more gentle way to treat depression?

Transcranial Magnetic Stimulation

Deep Brain Stimulation

Electroconvulsive Therapy

Serotonin depletion therapy

Which one involves implanting a brain pace maker?

Transcranial Magnetic Stimulation

Deep Brain Stimulation

Electroconvulsive Therapy

Serotonin depletion therapy

Of all the treatments in the video, how many were risk free? _____

What is just as effective as medication in mild depression? _____

What 3 things also play a part in managing mood?

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